

VPTA PAC Fundraiser Event

Conservative and Surgical Management of Posterior Tibialis Dysfunction

Presented by

Jacqueline Gooden, PT, DPT

Joseph Spagnolo, PT, DPT

**Board-Certified Clinical Specialist in Orthopaedic Physical Therapy
and**

Joe Sparks, MD

Friday, November 8, 2019

7:00 pm

InMotion Physical Therapy-West End

3001 Hungary Spring Rd, Ste D

Henrico, VA 23228

Registration Required!!! Space is VERY Limited!

If attending the courses on Saturday AND the PAC event on Friday, [register here](#).

If attending the PAC event ONLY, [register here](#).

Course Objectives

- Review anatomy of the foot and ankle and functions of the posterior tibial tendon
- Identify a systematic approach of when to refer patients to physical therapy versus surgery for posterior tibial tendon dysfunction
- Describe phases of conservative rehab for posterior tibial tendon dysfunction and determine when foot orthoses and shoe recommendations are indicated
- Discuss surgical procedures to address various stages of posterior tibial tendon dysfunction
- Describe phases of post-surgical rehab for posterior tibial tendon dysfunction with emphasis on return to function

Session Description

This lecture takes a unique approach to discuss the conservative, surgical and post-surgical management of posterior tibial tendon dysfunction from the perspective of a Fellowship trained Foot and Ankle Orthopedic surgeon and a physical therapist. It will briefly review anatomy and function of the posterior tibial tendon and progressive phases of posterior tibial tendon dysfunction. It will highlight the systematic approach for referral to physical therapy versus surgical intervention for treatment. It will describe the phases of conservative management including rehab, shoe recommendations and orthotic intervention. It will discuss surgical procedures to address various stages of posterior tibial tendon dysfunction and then the phases of post-surgical rehab with a focus on return to function. This course will provide the attendees with a framework of knowledge for conservative and post-surgical management of posterior tibial tendon dysfunction with a behind the scenes look at surgical interventions.

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Joseph Park, MD

Joseph Park, MD, is an associate professor and chief of the Foot and Ankle Division in the Department of Orthopaedic Surgery at UVA. Dr. Park graduated magna cum laude from the University of Pennsylvania and earned his medical degree from UVA. He completed his residency in orthopedic surgery at New York University Hospital for Joint Diseases, followed by a fellowship in foot and ankle surgery at Union Memorial Hospital in Baltimore. He joined the UVA orthopedic faculty in 2010. He is the associate director of the Foot and Ankle Fellowship at UVA and is the team foot and ankle surgeon for UVA Athletics. Dr. Park's research interests include sports-related injuries to the foot and ankle, tendon reconstruction, ankle replacement, bone grafting for complex arthrodesis

procedures and biomechanical properties of orthopedic implants. Away from the hospital, Dr. Park enjoys soccer and tennis and spending time with his family.



Jacqueline Gooden, PT, DPT

Jacqui, a New England native and a 2009 graduate of Liberty University, received her Doctor of Physical Therapy degree from Old Dominion University in 2012. As a student, she worked with the Liberty University Athletics Department to develop a school-age swim team program and during the summer months acted as the head coach for the Falling River Frogs Swim Team. Jacqui is working towards an orthopedic clinical specialty with a special interest in the foot and ankle. She is a member of the Rehab Associates Foot and Ankle Team specializing in post-surgical foot/ankle rehabilitation, lower extremity biomechanical evaluation, custom orthotic fabrication, diabetic shoe/orthotic assessment and video running analysis.



Joe Spagnolo, PT, DPT

Board-Certified Clinical Specialist in Orthopaedic Physical Therapy

Joe Spagnolo received a Master of Science degree in Physical Therapy from the Medical College of Virginia and his Doctoral degree in Physical Therapy (DPT) from University of St. Augustine. He is a Board-Certified Clinical Specialist in Orthopedics and a certified manual therapist. His areas of interest include general orthopedics, manual therapy, foot and ankle as well as sports injury and rehabilitation.

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VPTA PAC Fundraiser Event

WHY should YOU attend?

First, there's an awesome keynote presentation! The VPTA depends on the support of people like you in order to pursue legislation that will benefit our profession or stop bills that will restrict us. Did you know that associations cannot use member dues for legislative activities—It's the law! That is why political action committees (PAC) are formed by associations. And, great news! VPTA has one, but they need your support. Their only income to fight or support legislation comes from fundraiser events like this and from generous [donations from supporters like you!](#)

What is a PAC?

PAC stands for Political Action Committee. They are political entities designed to support political ideas and initiatives for a specific group, like the VPTA. Our PAC and association are not party affiliated. We support physical therapy initiatives and candidates that support physical therapy initiatives and those that are good for Virginians.

Why do we need a PAC?

The VPTA PAC supports our legislative and practice protection activities at the state level. In the most simple sense it is our main mechanism for license and scope of practice protection and growth.

Why should I donate to VPTA PAC?

To protect your ability to practice to the maximal level of your license. Membership money cannot be used to support political candidates or initiatives. The PAC funds enable us to have a voice on Capitol Hill in Richmond with the Senate and House of Representatives and enable us to advance initiatives that are positive for our profession and the people of Virginia by improving access to our services.

What has PAC done to warrant donations?

VPTA PAC is responsible for many things that are not seen by the public that help us gain recognition and further our initiatives such as paying for members to attend delegate or senator's functions to have our voice heard or donations to campaigns of elected officials. Notably PAC has been responsible for the following victories in the last few years:

- Direct access
- Term protection
- Protection of dry needling practice capacity and proper regulations
- Passage of the Interstate Compact
- Limiting the impact of a workers compensation bill (initially it was to be at Medicare payment levels)
- Multiple defenses of our scope of practice in the last 10 years from encroachment or limitation by other professions.

What are the plans for the VPTA PAC for 2019/2020?

Over the next 2 years the VPTA plans to begin multiple initiatives to improve practice and access to physical therapist services in Virginia. Such as:

- Expanding Direct access to remove legal limitations
- Pursuing Fair copay legislation to reduce the burden on Virginians who seek our care
- Disability placards – Making PT's able to issue based on tests and measure in clinic

Interesting fact about the VPTA PAC and its donations.

One company represents a majority of the donations to the VPTA PAC annually. This needs to change. Large donations are not necessary but will happily be taken. We have about 3,000 members of the VPTA if each member gave \$20.00 it would enable us to have a more equal footing on Capitol Hill with other professions such as the Chiropractors, Physicians and other groups who may influence legislators and impact our practice capacity.

SO PLEASE [DONATE TODAY!](#)

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