

# YOU ARE INVITED TO THE SAN ANTONIO FIRST RESPONDER COUPLES RETREAT BY STRONGER FAMILIES

You're invited to a Stronger Families First Responder Couples Retreat, where you can savor some moments together, recharge, get expert input, and rekindle your love during these challenging times.

This retreat includes one night at the Courtyard by Marriott San Antonio Seaworld/Westover Hills Hotel, complimentary breakfast and lunch hosted by Stronger Families each day, free coaching, and all sessions from the OXYGEN Program, a national program that has served over 80,000 from our US Military & First Responder families.

Get away together and gain some tools to make your relationship stronger!



**DATES:** May 4-5, 2024

**TIME:** Sat 9am - Sun 3pm (check in 8:30)

**REGISTRATION:** [CLICK HERE](#)

**\$150 per Couple**

*Early Bird Price is \$150 for first 10 registrations, after that price is \$299*

## TOPIC HIGHLIGHTS:

- Strategies to get over the same old issues
- A better understanding of each other's needs
- Tools to resolve conflict and be heard
- Ideas to rekindle your romance
- Action plan for your relationship
- Resources for work and home

## Retreat includes the following:

1 Night at the Courtyard by Marriott San Antonio Seaworld/Westover Hills (Sat night)

Buffet Lunch provided daily  
Course Materials & Online Assessments, Multiple Sessions from the OXYGEN Seminar Optional in-person, Confidential Coaching

For more information, please contact Stronger Families at 425-679-5671, [events@strongerfamilies.org](mailto:events@strongerfamilies.org)

**INCLUDES:** • Lodging • Meals • Course Materials • Personality Assessments

