



April 29, 2023

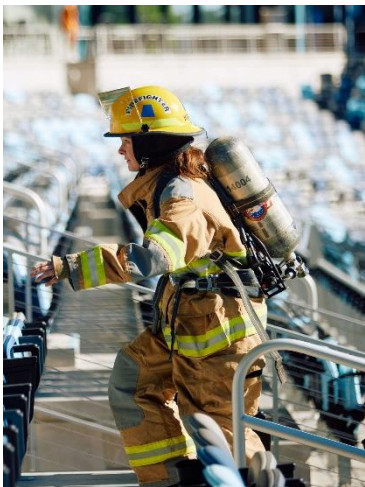
SMU Stadium | Dallas, TX

Do Good, Feel Great

The mission of the American Lung Association hits close to home with firefighters because of their increased susceptibility to lung disease.

Join us in full firefighter gear at the American Lung Association's Fight For Air Climb. Climb for the shared challenge. Climb for a world free of lung disease. **Register Today!**

The impact of lung disease on firefighters



- Respiratory diseases remain a significant health issue for firefighters and emergency responders.
- In the line of duty, firefighters may experience occupational exposure to gases, chemicals, particulate and other substances with potentially damaging short- and long-term effects on the respiratory system.
- Firefighters are at a higher risk to develop chronic issues, including lingering cough, hoarseness, asthma, and allergies and in more extreme cases, may be diagnosed with lung or bronchial cancer.

Why firefighters should participate in the Fight For Air Climb

- Helps build stamina
- Excellent way to build upper body strength
- Healthy competition with other fire stations
- Access to training location
- Builds physical and mental confidence
- Increases lung disease awareness, leading to early detection
- Great time to build communities trust in their fire department



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For more information and to register, visit

FightForAirClimb.org/Dallas

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