



Subject: Welcome to World-Class Care with Cleveland Clinic Canada

We're here to help you make 2020 your healthiest decade yet.

OGCA is pleased to continue our partnership with Cleveland Clinic Canada and provide OGCA members with a preferred rate for the Executive Health Program.

The Executive Health Program helps patients live healthier and more active lives. This program was designed to help patients perform at their best, as well as anticipate and address health issues in a way that is personalized, convenient, and proactive. This one-day, comprehensive medical and wellness assessment helps you learn about your current state of health, and provides you with an action plan so you can protect your most valuable asset – your health.

An integral part of the Executive Health Program is Express Care and Express Care® Online. This allows patients to come to the clinic or access it virtually using your smartphone, tablet or computer for non-emergency medical issues. Express Care is available to all Executive Health patients for 12 months following their day of care. This benefit can be extended to your family at less than \$500 per year!

The assessment is designed to:

- Discover potential health problems
- Target and eliminate health risk factors
- Promote positive lifestyle change through diet, exercise, and mental wellness
- Empower you with the best healthcare knowledge and tools available

What you can expect:

- Customized physical to meet your personal goals
- Auditory, cardiac, pulmonary and visual health testing
- Comprehensive laboratory tests
- Diagnostic imaging as clinically indicated
- Psychological, nutrition & exercise wellness consultations
- Same-day results
- 12 months unlimited access to for virtual or in-person non-emergency medical conditions

The pricing for the Executive Health Program is **\$3,450** for individuals and **\$3,150** for spouses/partners. **OGCA members receive the preferred rate of \$2,995.**

For more information or to take advantage of the preferred rate, please contact executivehealthcanada@ccf.org or 416.507.6675.