

We Need Your Voice: Help Us Advocate for Smarter, More Practical Home Care Regulations

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HIGHLIGHTS:

- Help us remove burdensome regulations
- Restore companionship exemption

The Office of Management and Budget (OMB) has issued a [Request for Information \(RFI\)](#) seeking public input on federal regulations that may be **overly burdensome or outdated**. This is a key opportunity for the home care industry to speak up and influence future policy.

As your national voice for home care, we are preparing comments — and we want to hear from **you**, our members.

Top Priority: Restore the Companionship Exemption

One of the central issues we will be addressing is the elimination of the federal companionship exemption under the Fair Labor Standards Act. Since this exemption was removed in 2015, home care agencies have been required to pay overtime to most caregivers, even for live-in or 24-hour cases. This change has:

- Fragmented client care
- Increased costs for families
- Added administrative burden
- Reduced continuity for clients who need around-the-clock support

We believe it's time to revisit and restore the companionship exemption for certain types of non-medical care arrangements — and we're advocating for a practical path forward.

What Other Regulations Should We Highlight?

We are planning to submit a unified response that encompasses all provider types and lines of business, including home care, home health, hospice, Medicaid, and palliative care. We also welcome your feedback on **federal regulations that hinder your ability to operate, grow, and retain your workforce**. This includes rules from agencies like the Department of Labor, CMS, and OSHA.

What red tape or roadblocks are making it harder for you to serve clients or support your workforce?

Share Your Input by May 2, 2025

Turnaround time for comments is quick and comments are due May 12th. Please email us at **kwheeler@allianceforcareathome.org** with your thoughts on or before close of business **Friday, May 5, 2025**. Whether it's a specific regulation, a trend you've noticed, or a persistent compliance headache, we want to hear about it.

Together, we can make the case for a regulatory framework that supports, not stifles, quality care in the home.

Let's make our voices heard!