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AATA NEWS

# The Second Lady of the United States Embraces Art Therapy



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The Second Lady of the United States, Karen Pence, has embraced art therapy for children and families as her signature cause. Art therapy is featured on her official website at WhiteHouse.gov. As an artist and educator, Mrs. Pence is a long-time advocate for the unique ability of art therapy to unlock emotional expression by facilitating non-verbal communication. Her involvement with art therapy includes service on the Board of Directors of Tracy's Kids, a non-profit

organization that uses art therapy to help young cancer patients and their families cope with the emotional stress and trauma imposed by the disease. **READ MORE**



## Digital Art Exhibition Call for Artwork: "I am a work of art"



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National Children’s Mental Health Awareness Day 2017 will be observed by national collaborating organizations and diverse communities across the country on May 4, 2017. The American Art Therapy Association will once again sponsor this event as a National Collaborating Organization. The Awareness Day national event will be held at 7:00 PM ET at the Jack Morton Auditorium at The George Washington University School of Media and Public Affairs in Washington, DC, and live streamed on SAMHSA’s website. This live webcast will provide an opportunity for youth, young adults and families throughout the United States to have an interactive conversation with panels of family and youth leaders, behavioral health and primary care providers. **READ MORE**

### Support the Arts: Register for Arts Advocacy Day



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Become an advocate for the arts in the United States by registering for the 30th Annual Arts Advocacy Day! The event will take place March 20-21, 2017 in Washington, DC. Arts Advocacy Day is hosted by Americans for the Arts (AftA), as well as over 85 partner organizations, including the American Art Therapy Association. It is as important as ever to network, strategize, and advocate for the continued advancement of the arts. Arts Advocacy Day provides the training and opportunities to meet with Members of Congress to bolster support for the arts, and discuss the essential role of arts in life, health, and well-being, for all of America’s peoples and communities. **READ MORE**



#### School of Arts & Sciences | Art Therapy

The Undergraduate Art Therapy major will provide students with both theoretical foundations and practical experience while learning the diverse application of art therapy.

### AATA Featured Member



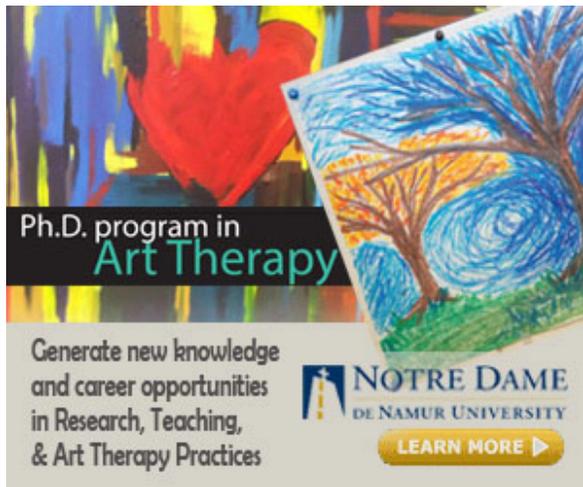
AATA



Paige Scheinberg, MS, ATR, is an active member of the AATA and runs her own company SHINE ON Consulting based in Memphis, TN. She spends her time educating and advocating for the profession of art therapy and works with all ages in multiple settings – community, medical, and private. As the art therapist at the Memphis Brooks Museum of Art and adjunct faculty at Christian Brothers University (CBU), Paige recently helped develop an innovative art therapy and educational partnership between the Brooks Museum, CBU, and Alzheimer’s and Dementia Services of Memphis. She describes herself as “a well-being enthusiast and lover of all things creative.” Her passion is to help people of all ages cultivate sustainable happiness and flourish in their personal and

professional lives through creative experiences and self-expression. **READ MORE**

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## IN THE NEWS

### Karen Pence hopes to keep advocating art therapy in new role



The Associated Press via San Francisco Chronicle

Karen Pence, the wife of Vice President Mike Pence, says she hasn't yet decided which issues she will work on as the nation's second lady, but says art therapy remains "near and dear to me." Pence worked as an art teacher, and as Indiana's first lady she advocated for art therapy to help children being treated in hospitals.

[READ MORE](#)

### 5 ways art therapy helped me heal from addiction



A Lust for Life

Andy Macia writes: "It came to a point when addiction was all I ever knew, but it wasn't always like that. When I was a kid, my parents took my brother and I to America to have a better life. We were born in Colombia, but in the 1980s the drug cartel and civil unrest made it impossible to live peaceful lives. Growing up in southern California, I was a happy kid. I was well take care of, I was loved and my parents did everything they could to give me everything I needed to succeed. The problem was that I always wanted more." [READ MORE](#)

### Professional Doctorate of Art Therapy

This Mount Mary University program advances working professionals' careers through an annual, summer 12-day residency, online coursework and practitioner-generated research to transform the profession.

### Morning pointe seniors 'color themselves' in art therapy



Chattanooga.com

Jas Milam, MAAT, art therapist, brought years of drawing and painting experience to the residents at Morning Pointe of Collegedale at Greenbriar Cove and The Lantern at Morning Pointe Alzheimer's Center of Excellence, Collegedale. Based in Chattanooga, Milam works with various populations in the community and in her private practice. Under Milam's direction, the residents explored the creation of self-portraits using the rich metaphor of a tree. After engaging their limbs in tree-like stretches and movement, the seniors embraced guided imagery. [READ MORE](#)

### Can creativity help kids get through challenges?



The Creativity Post

In a recent video collaboration with Disney, researcher and creativity expert Scott Barry Kaufman said, "Creativity is something we carry with us everywhere we go." It's exciting to know that it's always available if we want or need to use it. Almost like a superpower! How can kids effectively tap the creative energy they carry with them? **READ MORE**



### Using clients' snapshots (and photo-based questions) to enhance their therapy sessions

**MARCH 4-5: "Introduction to PhotoTherapy Techniques" Workshop.**

• More: <http://bit.ly/2hSbMgR> • contact: [jweiser@phototherapy-centre.com](mailto:jweiser@phototherapy-centre.com)

**JUNE 12-17: "Intensive Guided Experiential Training in Judy Weiser's PhotoTherapy Techniques" (advanced Therapists only)**

• More: <http://bit.ly/2hXfUcv> • contact: [jweiser@phototherapy-centre.com](mailto:jweiser@phototherapy-centre.com)

## How the #InsideOutChallenge is moving us one step closer to ending the stigma around mental health



MetroUK

Hattie Gladwell writes: "As someone with a diagnosis of bipolar disorder, OCD and anxiety, it's safe to say my mental health contributes much to the way I live my life. But as much as it plays an influential part in my life, mental health is often stigmatized, and therefore I spend a lot of time putting on a front to make it seem to the outside world that everything is okay." **READ MORE**

## Colors that broke the records



The New Indian Express

Be it the vibrant rangoli or traditional kolam, both are an integral part of Indian culture, and Vijaya Mohan stands tall bringing global recognition to the art. A Guinness Record Holder for drawing the largest rangoli on her own, Vijaya, of Singapore, was in the city recently when CE caught up with her. Vijaya was initiated into the tradition as a toddler, growing up in her native Srirangam. **READ MORE**

## Art Therapy Today

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