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December 1, 2016


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AATA NEWS

AATA Represented at ADTA National Conference: Fostering Connectivity as Clinicians and Professionals



Tally Tripp, MA, MSW, ATR-BC



The energy was palpable at the 51st Annual American Dance Therapy Association (ADTA) National Conference that was held Oct. 20-23 in Bethesda, Maryland, just a few miles from the American Art Therapy Association's (AATA) national headquarters in Alexandria, Virginia. The theme of this year's conference "Re Generation: Moving Pathways to Integration," reflects an important and shared vision for connectivity amongst all expressive arts therapists focused on promoting health and healing through creative and experiential processes. [READ MORE](#)

2017 Approaches! Have You Joined or Renewed Your Membership?



AATA

Members of the AATA are at the heart of our mission. Thanks to our combined efforts, AATA was able to significantly increase public policy efforts, introduce over 30 new continuing education offerings, and develop long-term strategies for all the critical needs facing art therapy order to maintain. We need you to continue that momentum through 2017! Be a part of our mission and receive access to the important research, tools, and connections you need to succeed including the prestigious *Art Therapy: Journal of the American Art Therapy Association*. [Join](#) or [renew](#) your membership today. For more information about our important work to advance the art therapy profession and the benefits of membership, visit our membership [page](#). As an added benefit, those who renew before December 31, 2016 can lock-in 2016 rates for membership, before the dues increase

comes into effect on January 1, 2017.

Professional Doctorate of Art Therapy

This Mount Mary University program advances working professionals' careers through an annual, summer 12-day residency, online coursework and practitioner-generated research to transform the profession.

Annual Conference Reminders



Heidi Tournoux-Hanshaw, MA, ATR-BC, LPC-AT

2016 Postconference Reminder: If you attended the 2016 Annual Conference this past July 2016, in Baltimore, MD and you want to receive your Continuing Education Certificate, please complete your request before December 31, 2016. [Click here](#) to visit the website. Remember to login using the same email you used to register for the conference. If you need assistance, please contact us via email. **READ MORE**

The Accreditation Council for Art Therapy (ACATE) Meets at National Office



AATA

On Nov. 11, 2016, the AATA welcomed the members of our Accreditation Council for Art Therapy Education (ACATE) to the national office in Alexandria, Virginia, where they conducted vital work in partnership with the AATA's Education Programs Approval Board (EPAB). We extend our appreciation to this group of dedicated volunteers and honor our outgoing members for their commitment. **READ MORE**

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AATA Featured Member



AATA

K.C. Wuebling, MA explains, "Growing up in the Midwest, I had a difficult time accepting my own identity due to the traditional milieu. It was through art making and the supportive environment of my professors and peers that I was able to openly accept myself, growing in to the individual that I am today." The desire to work in a helping profession, as well as the support and guidance offered by faculty at Drexel University and the Herron School of Art & Design, provided him with the tools and knowledge to take his own lived experience of introspective artmaking and assist others on their journey of self-exploration. **READ MORE**

Seasonal Items Available in the AATA Store





AATA



Get into the spirit of giving with an AATA gift! Visit our store [website](#) to browse our selection of seasonal items, including cozy beanies and blankets, as well as a new AATA duffel bag, perfect for your traveling needs this holiday season.

PRODUCT SHOWCASE



Blick Art Materials

At Blick, you'll find the largest selection of art materials available. We carry high-quality products from the best brands in the industry. No matter the medium, Blick has the supplies you need to promote creativity through the visual arts.



Winsor & Newton

William and Henry's commitment to quality and innovation are part of a rich heritage which informs Winsor & Newton to this day. We're dedicated to the craft of the fine artist and to providing them with new ways to explore their creativity, allowing them to share their work with a worldwide community. [Read more](#)

IN THE NEWS

These soldiers at Walter Reed are making masks to reveal the hidden wounds of war. And to heal.



The Washington Post

Chris Stowe worked on a bomb squad during six deployments in Iraq and Afghanistan. Between tours he sought help for the headaches, anxiety, memory loss and other symptoms of trauma and brain injuries he suffered while being exposed to hundreds of blasts. He tried talk therapy, medication and a self-prescribed regimen of yoga and meditation, before finding some relief in an unexpected form: a white papier-mache mask. [READ MORE](#)

Art therapy grad students volunteer with military veterans



Caldwell University

Art therapy graduate students volunteered to work with military veterans at the nonprofit organization The Art Therapy Project in New York City Nov. 5. Samantha Commarato, Caldwell University fine arts alumna, is clinical director at the project. She says the nonprofit works on an outreach basis with survivors of trauma. The Caldwell art therapy students "were really prepared... the clients felt comfortable with them and appreciated them being there." [READ MORE](#)

Anxiety, depression treatment response may improve when dissociation is targeted



Psychiatry Advisor

Targeting dissociation in treatment-resistant patients with depressive or anxiety disorders may improve the effectiveness of overall treatment response, suggests a new study in the journal *Neuropsychiatric Disease and*

Treatment. “Lower treatment efficacy in reduction of anxiety and depression symptoms was associated with higher rates of dissociation at the beginning of the treatment, and reduction of dissociation during the treatment correlated with decrease in severity of the disorder and also with reduction of symptoms of depression and anxiety,” wrote Jan Prasko of the Palacky University Hospital Olomouc in Czech Republic and his colleagues.

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