

This message was sent to ##Email##



November 24, 2016


[Home](#) | [About Us](#) | [FAQ](#) | [Membership](#) | [Advocacy](#) | [Education & Careers](#) | [Conferences](#)
[Subscribe](#) | [Archive](#)
[Search Past Issues](#)
[View Web Version](#)
[Advertise](#)


Helping you. Live your life.™  
CALL 1-866-729-3227



## AATA NEWS

### AATA Represented at the North American Drama Therapy Association Conference in Seattle



Zandi Salstrom, MA, LMHC, ATR, Seattle Expressive Arts Therapy & Swedish Cancer Institute



The last weekend of October marked the 37th annual North American Drama Therapy Association (NADTA) conference, held at the Airport Hilton Conference Center in Seattle, Washington. I had the honor of representing the AATA for Saturday, Oct. 29, and Sunday, Oct. 30. The NADTA conference theme was The Power of Dramatic Play and Creativity: Sunshine Under the Umbrella, which felt particularly appropriate for

Seattle's record-setting rainfall in October this year. [READ MORE](#)

### A Message to Our Community



AATA Staff and Board of Directors

On this Thanksgiving we extend our sincere gratitude to each of you who are part of the AATA Community. Thanks to all of you – our many volunteers working at that local and national level, and to each and every member, new and returning. It is our AATA community that has been the steady bedrock from which this organization and profession have grown and flourished. We wish you well this holiday and are proud of the work that you do each day to bring art therapy into the lives of those in need. [READ MORE](#)

## Professional Doctorate of Art Therapy

This Mount Mary University program advances working professionals' careers through an annual, summer 12-day residency, online coursework and practitioner-generated research to transform the profession.

## AATA Featured Member



AATA



Tracy Councill, MA, ATR-BC earned her BFA in Painting and Printmaking from Virginia Commonwealth University in 1978 and for eight years worked as an exhibiting artist and community arts coordinator before learning of the field of art therapy. After gathering more information, she determined it was an intuitive fit. "As I got to know the scholarship of the field," she states, "Art therapy made a great deal of sense as a professional path – it combined my passion for creating art with my commitment to helping others." [READ MORE](#)

## Addressing Programs or Individuals that May Misrepresent Art Therapy



AATA

The AATA works hard to ensure that the art therapy profession is represented accurately nationwide and that individuals who identify themselves or their practice as art therapy are properly educated and credentialed. However, we are aware that cases of misrepresentation appear and are propagated through different channels including social media and advertisements. We do track these occurrences and address such cases individually and directly with the source. If you are unsure about how to proceed when someone may be misidentifying themselves, we offer this [guide](#) on the steps you can take to assess the situation.

## National Children's Mental Health Awareness Day 2017 & Digital Art Exhibition Call for Artwork



AATA

National Children's Mental Health Awareness Day 2017 will be observed by collaborating organizations and diverse communities across the country on May 4, 2017. The American Art Therapy Association will once again sponsor this event as a National Collaborating Organization. The Awareness Day national event will be held at 7:00 PM ET at the Jack Morton Auditorium at The George Washington University School of Media and Public Affairs in Washington, DC, and live streamed on SAMHSA's website. This live webcast will provide an opportunity for youth, young adults and families throughout the United States to have an interactive conversation with panels of family and youth leaders, behavioral health and primary care providers. [READ MORE](#)

### SPONSOR SPOTLIGHT

## Fall Special Ending Soon: Buy One – Get One



AATA

Don't put off earning continuing education any longer! AATA is pleased to announce an opportunity to earn a free course! If you purchase one course from the Institute for Continuing Education in Art Therapy (ICE/AT) between Nov. 1 and Nov. 30, 2016 we will give you a one-credit course for free! Remember that members pay \$25 for a one-credit course and nonmembers pay \$40. So, members be sure to get the discount code before you purchase here, and enter it during the online payment process. **READ MORE**

## Shop and Support the American Art Therapy Association (AATA) with AmazonSmile



AATA



For those who like to do their shopping on Amazon, you can now shop and show your support of the American Art Therapy Association (AATA) at the same time by purchasing products through AmazonSmile. For each purchase of eligible products, Amazon will donate 0.5 percent of the purchase price to the AATA. [Click here](#) to participate.

### PRODUCT SHOWCASE



#### Blick Art Materials

At Blick, you'll find the largest selection of art materials available. We carry high-quality products from the best brands in the industry. No matter the medium, Blick has the supplies you need to promote creativity through the visual arts.



#### Windsor & Newton

William and Henry's commitment to quality and innovation are part of a rich heritage which informs Windsor & Newton to this day. We're dedicated to the craft of the fine artist and to providing them with new ways to explore their creativity, allowing them to share their work with a worldwide community. **Read more**

### IN THE NEWS

## Exhibition explores role of art therapy in mental health recovery



Vanderbilt University

The ways in which clients at a Bronx, New York, outpatient mental health program use art therapy in their recovery process are explored in a new Vanderbilt Department of Art exhibition by one of its graduates. "Working Through Art: Visualizing Hope and Recovery Through Art" has been curated by Lindsey Lybrand, a licensed creative art therapist who earned her bachelor of science in child and developmental psychology and studio art in 2009. **READ MORE**

## Scribble sanctuary: The artist who tackled mental health difficulties by sketching



BBC News

For Ruby Elliot her sketchbook was her only sanctuary from a life in "constant crisis mode." "I recovered from anorexia, I became bulimic and struggled with self-harm and depression and I was diagnosed with bipolar after that," says Ruby, who is now 22. The illustrator and author, now known as Ruby etc, found herself in a cycle of hospitalization from the age of 14, and she found each return to the classroom painfully stressful. "I was too unwell for school a lot of the time and hated formal art classes in particular," she says, and night-school was a non-starter too. Ruby is now building a successful career in art and has landed a publishing deal. **READ MORE**

### *Art Therapy Today*

#### Connect with AATA



[Recent Issues](#) | [Subscribe](#) | [Unsubscribe](#) | [Advertise](#) | [Web Version](#)

[Colby Horton, Vice President of Publishing, 469-420-2601](#) | [Download media kit](#)  
[Hope Barton, Content Editor, 469-420-2680](#) | [Contribute news](#)

#### **American Art Therapy Association**

[4875 Eisenhower Avenue, Suite 240 | Alexandria, VA 22304](#) | [888-290-0878](#) | [Contact Us](#)

Learn how to add us to your safe sender list so our emails get to your inbox.

Powered By **MULTIBRIEFS**

7701 Las Colinas Ridge, Ste. 800, Irving, TX 75063