



HRAC has done it again with another great Morning Coffee session! This month's speaker, Lindsay Pease, Regional Property Manager of S.L. Nusbaum, led a team building event hosted by Spence Crossing in Virginia Beach.

Lindsay led the group in two different team building exercises to include "The Human Knot" and "True Confessions". After participants completed the exercises, Lindsay led an open discussion on lessons learned as well as the key elements of team building. When asked for a few words about team building, Lindsay had this to say: "Team Building is an ongoing process that is dependent upon clear and concise communication, continuous nurturing, accountability, trust and collaboration. A successful team makes these things a priority just as they do the operations of their community." A great time was had by all of the approximate 60 participants.

