

## The WELL Building Standard® Whealin is your building?

5:00-7:00 pm

Green Building Services 421 SW 6th Ave, Suite 450 Portland, OR

Please join GBS at our "Think & Drink" **Educational Happy Hour** 

1 CE unit for AIA, OREA, GBCI / FREE! 5:00-5:30 Refreshments | 5:30-6:30 Presentation | 6:30-7:00 Discussion

GBS hosts an informative exploration of the WELL Building Standard® developed by Delos.

In this 60-minute presentation, a local naturopathic doctor discusses health impacts related to physical, environmental and individual choices associated with mindfulness, food and exercise. A WELL Building Standard representative then offers an overview of this new program, focused on wellness and the built environment. In follow-up Q&A, we further examine how buildings impact human health.

Cory Szybala, ND

Physician, Adjunct Faculty at National College of Natural Medicine

## Phil Williams

Executive Director, Delos Living

Moderated by

Elaine Aye, IIDA, LEED Fellow

President, Green Building Services