

PROMOTING MENTAL HEALTH IN BC SCHOOLS

SUMMER INSTITUTE 2012

Thursday & Friday, August 23–24, 2012

University of British Columbia
Neville Scarfe Building, 2125 Main Mall
Vancouver, BC V6T 1Z4

REGISTRATION FOR THE 2012 SUMMER INSTITUTE IS NOW OPEN!

Join other teachers, school counsellors, school support staff, school administrators, district staff, parents, students and school community partners to:

- Exchange knowledge and ideas about how to build school connectedness and improve mental well-being
- Learn practical information and strategies for addressing mental health challenges in classrooms and school communities
- Network with colleagues and partners in mental health and education

DAY 1 – BUILDING STRENGTHS: SCHOOL CULTURE AND CONNECTEDNESS

Fostering school connectedness in classrooms and school communities

Presenters:

Dr. Stuart Shanker, *Supporting Self-Regulation in Classrooms and Schools*

Principals David Rawnsley and Hal Wall, *The Power of Connections*

Dr. Kimberly Schonert-Reichl, *Social Emotional Learning and Fostering Smooth Transitions*

Breakout sessions and panel discussion with a focus on strategies for building student, parent, and community connectedness to school.

DAY 2 – MITIGATING VULNERABILITIES: MENTAL HEALTH AND SUBSTANCE USE ISSUES

Information, resources and strategies for addressing mental health challenges in classrooms and school communities

Presenters:

Dr. Stan Kutcher, *Teen Mental Health*

Dr. Lynn Miller, *Anxiety in the Classroom*

Panel Discussion moderated by Kathryn Gretsinger

Breakout sessions on Anxiety, Substance Use, Healthy Body Image, Immigrant Youth, and more!

- **Registration fee: \$55** (Lunch will be provided)
- **Space is limited! Register by June 15th.**

**FOR DETAILS AND REGISTRATION,
PLEASE VISIT**

[www.keltymentalhealth.ca/
summerinstitute2012](http://www.keltymentalhealth.ca/summerinstitute2012)

This event is the result of an ongoing collaboration with the BC School Based Mental Health Coalition and made possible with the financial support of our partners.



BC Mental Health &
Addiction Services
An Agency of the Provincial Health Services Authority



Provincial Health
Services Authority
Province-wide solutions.
Better health.



HealthyFamiliesBC



a place of mind
THE UNIVERSITY OF BRITISH COLUMBIA
Faculty of Education