

2010 Fall Connect
October 8th at the
Peoria Park District Zoo

We booked an incredible speaker to refuel you! Bobbe White, "Life in the Laugh Lane." You worked hard all summer long and are already buzzing this fall!! You deserve a 1/2 day Laugh, Learn, & Lunch (Network). You work hard to provide good programs and services for your community—now we are working hard to provide you with an incredible workshop!! Close to home and affordable, too!!



Breakfast & Agency Updates

8:45–9:15

Check in, enjoy a light breakfast and give us an update on your agency!
CIRCLE info updates for 2010-11



Life in the Laugh Lane

9:30–11:00

Learn to laugh, communicate and de-stress situations! trylaughter.com



Round Tables—Lunch—Tours

11:30–2:30 (tours at 1:30)

Groups will be broken into divisions according to attendance. We also need 12 people to join in a special ed focus group.

Special Thank You to Our Sponsor



We Make It Happen.



Thank you IPRA for
partnering with CIRCLE!!!



CIRCLE

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104 Huff Hall
Champaign, IL 61820

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THE FALL CIRCLE
CONNECTION



Sponsored by:



We Make It Happen.

Hosted by the
Peoria Park District
2218 N. Prospect Road

LIVE LIFE IN THE
LAUGH LANE
&

DIVISION ROUND TABLES
SPECIAL FOCUS GROUP

.4 CEU's Pending

Connect Today!

8:45–9:15 a.m. **Breakfast – Check in**

9:15–9:30 a.m. **Welcome, CIRCLE Updates, Agency Updates**

9:30–11:00 a.m.

Life in the Laugh Lane, Bobbe White

Bobbe steers through life's twists and turns with her humorous perspective. Learn how to shift your flaws into "ha" gear. If you're not living and working in the laugh lane, you could end up in the body shop in disrepair! Ready to turn the corner on negativity? It's full speed ahead with Life in the Laugh Lane! At the conclusion of the program, participants will be able to:

Recognize psychological and physiological effects of stress and effect on productivity and job satisfaction.

Name coping mechanisms for stress management.

List techniques for implementation of humor in the workplace.

Recognize psychological and physiological benefits of laughter.

Demonstrate a therapeutic laughter technique.

11:00 a.m.–1:30 p.m.

Division Round Tables

Break out groups into work area. Also looking for 8 to 10 mid-level managers to participate in a focus group on training up to the next level.

1:30–2:30 p.m.

Zoo Tour: African Exhibit & Information

Join a group for drinks and food at Jillian's, too!!!

LIFE IN THE LAUGH LANE. MORE ABOUT OUR SPEAKER

Bobbe White is a nationally recognized expert on humor and laughter therapy. She has been featured in the New York Times, Family Circle, First Magazine, and Newsweek Japan, on "Laughter as a Current Trend in the Workplace." She was one of the first Laughter Leaders certified in the world by the World Laughter Tour, Inc. (Seriously!) A graduate of Illinois State University, Bobbe was an intern for the recreation department of the City of Winter Park, FL, and received her degree in Recreation and Park Administration.

Bobbe's work history includes Arnold Palmer's Bay Hill Club and Lodge, Orlando, where she was the swim pro (like a golf pro, but with more water). Most recently, she has been in banking for over 30 years, with an emphasis on corporate training in central Illinois.

Her success as a trainer is her conviction in what she believes are the two basic tenets of the adult learning experience: food and fun.



Name: _____ Title: _____
Agency: _____
Address: _____ City, Zip: _____
Email: _____ Phone: _____

ROUND TABLE AREA(S) of INTEREST _____

(PLEASE LIST a minimum of 2 (i.e. customer service, sports, programming, aquatics, etc.))

I would be interested in participating in the special focus group for the creation of new management training: YES or NO

EARLY REGISTRATION DEADLINE: September 30, 2010

CIRCLE MEMBER: \$25 Non-Member: \$40 Student: \$20 CEU'S: \$5
.4 CEUs Pending

Please fill out a separate form for each person.

AFTER SEPTEMBER 30th, add an additional \$15 administration fee to each registration.

Registration Fee _____ + Admin Fee _____ (after 9/30) + CEU's _____

Mail all registration forms to:

CIRCLE—1206 South Fourth Street

104 Huff Hall, Champaign, IL 61820

Total Enclosed: _____

Questions? Call LK at 217.333.1824 or

lkpaden@illinois.edu

THANK YOU TO OUR EVENT SPONSOR—MUSCO LIGHTING—MAKING TODAY "HAPPEN!"

